PLANT FACT SHEET

Parietaria debilis G. Forst.

GENUS *Parietaria* **FAMILY** Urticaceae

COMMON NAMES Shade pellitory

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows each year from seed. It grows 40 cm tall. It has tender stems. The leaves are oval and 1-3 cm long by 5-20 mm wide. They are slightly hairy. It forms tufted patches 50 cm across.

HABITAT

It is a subtropical plant. It grows in coastal areas and can tolerate salt spray.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/29f03beb-a61c-435f-8538-532a2029cab3