PLANT FACT SHEET

Anethum sowa Roxb. ex Fleming

GENUS *Anethum* **FAMILY** Apiaceae

COMMON NAMES Indian Dill, Japanese dill

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, Vegetable

Oil extracted by steam distillation is used in pickles and processed food.
The seeds are used in curries.
The leaves are used to flavour rice and soups.

DESCRIPTION

A herb. It grows each year from seeds. It is like dill but slightly taller. It grows 1.2 m high. The stem is white. The leaves are finely divided. The fruit are twice as long as wide.

Probably now Anethum graveolens.

HABITAT

It is a temperate plant.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

Some authorities regard Anethum sowa as a species, others as a variety of Anethum graveolens.

REFERENCES

Ambasta S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 41

Arora, R. K., 2014, Diversity in Underutilized Plant Species - An Asia-Pacific Perspective. Bioversity International. p 100

Asiat. Res. 11:156. 1810

Bremness, L., 1994, Herbs. Collins Eyewitness Handbooks. Harper Collins. p 229

Brown, D., 2002, The Royal Horticultural Society encyclopedia of Herbs and their uses. DK Books. p 121

Burkill, I.H., 1966, A Dictionary of the Economic Products of the Malay Peninsula. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 1 (A-H) p 159

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 15

Fowler, D. G., 2007, Zambian Plants: Their Vernacular Names and Uses. Kew. p 76

Hemphill, I, 2002, Spice Notes. Macmillan. p 164

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 222 (As Apium sowa)

Singh, A. G., et al, 2012, Wild Plants Used as Vegetable in Rupandehi District of Nepal and Their Ethnomedicinal Importance. J. Nat. Hist. Mus. Vol. 26, 2012, 111-125

Terra, G.J.A., 1973, Tropical Vegetables. Communication 54e Royal Tropical Institute, Amsterdam, p 25

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2a0ea079-0477-4780-87a4-e9a77352487a