PLANT FACT SHEET

Orthanthera albida Schinz

GENUS *Orthanthera* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Flowers, Fruit, Roots - flavouring

The flowers are eaten raw.
The fruit are eaten raw. With young fruit, the entire fruit are eaten but with mature fruit the flesh is eaten and the skin and seeds removed.

DESCRIPTION

A herb or small shrub. It is succulent and has an unpleasant smell. It can grow to 1 m high. The stems are pale grey and without hairs. The leaves are narrow. They can be 50 mm long by 1-2 mm wide. They are often reduced to scales or absent at flowering time. The flower tubes are grey on the outside and green inside. They are in groups halfway up the slender stalks.

HABITAT

It is a tropical plant. It grows in sandy and rocky soils. In Namibia it grows between 300-800 m above sea level. It grows in areas with a rainfall under 400 mm per year. It can grow in arid places.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2a2da820-564e-44c3-b054-8fc17691a251