PLANT FACT SHEET

Lactuca sativa var. crispa (L.) Schubl. & G. Martens

GENUS *Lactuca* **FAMILY** Asteraceae

COMMON NAMES Curled lettuce, Leaf lettuce

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. The leaves are red and green and loose leafed. The leaves can be serrated, lobed or crinkled.

HABITAT

It is a temperate plant.

NOTES

There are about 20 Lactuca species.

REFERENCES

Bianchini, F., Corbetta, F., and Pistoia, M., 1975, Fruits of the Earth. Cassell. p 50

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 741

Kiple, K.F. & Ornelas, K.C., (eds), 2000, The Cambridge World History of Food. CUP p 1801

Niwano, Y. et al., 2009, Extensive Screening for Plant Foodstuffs in Okinawa, Japan with Anti-Obese Activity on Adipocytes, in vitro. Plant Foods in Human Nutrition 64:6-10

Sangdad Publishing. Illustrated Book for Teaching Aid (Thai/English) Green Vegetables. lettuce. p 56

Sharma, B.B., 2005, Growing fruits and vegetables. Publications Division. Ministry of Information and broadcasting. India. p 216

Sp. pl. 2:795. 1753

USDA, ARS, National Genetic Resources Program. Germplasm Resources Information Network - (GRIN). [Online Database] National Germplasm Resources Laboratory, Beltsville, Maryland. Available: www.ars-grin.gov/cgi-bin/npgs/html/econ.pl (10 April 2000)

Wiersema, J. H. & Leon, B., 2013, World Economic Plants. A Standard Reference CRC Press. 2nd Ed. p 386

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2a319fde-5655-4a52-b30c-c209929bf608