PLANT FACT SHEET

Caltha alba Camb.

GENUS *Caltha* **FAMILY** Ranunculaceae

COMMON NAMES White marsh marigold

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are boiled and then fried.

DESCRIPTION

A herb. It keeps growing from year to year. The stems are 20-60 cm tall. They are stout, branched and hairless. The leaves at the base have long stalks and broad oval sheaths. The leaves are rounded and 4-15 cm wide. There are fine teeth along the edge. The leaves on the stem are smaller and with short stalks. The flowers are white with 5-6 sepals.

HABITAT

It is a temperate plant.

REFERENCES

Ali Shay, S. H., et al., 2025, Ethnobotanical study of wild edible plants traditionally used by the inhabitants of Lalku Valley, District Swat, Pakistan. Ethnobotany Research and Applications 30:1 p 8

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2a565f87-c6e0-48ad-b539-0aa12c7b2551