PLANT FACT SHEET

Eryngium desertorum Zohary

GENUS *Eryngium* **FAMILY** Apiaceae

COMMON NAMES Desert eryngo, Desert sea holly

EDIBLE PARTS AND USES

Edible parts: Leaves

The ring of leaves at the base are eaten in salads.

DESCRIPTION

A herb. It has a ring of leaves at the base. The flowers are white. They are small and star shaped with 5 petals.

HABITAT

It is a Mediterranean climate plant. It grows in dry grasslands,

PRODUCTION

Cultivation

It can be grown by seeds or offsets. It can also be grown by stem cuttings.

REFERENCES

Baydoun, S., et al, 2023, Wild leafy Vegetables: A potential source for a traditional Mediterranean food from Lebanon. Frontiers in Sustainable Food Systems. 6:991979

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2a570899-6346-4ded-8ec7-0bc6f652ff51