PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Ilex crenata Thunb.

GENUS *Ilex* **FAMILY** Aquifoliaceae

COMMON NAMES Japanese holly

EDIBLE PARTS AND USES

Edible parts: Fruit

Caution:

DESCRIPTION

A shrub. It is compact and evergreen. It grows to 4.5 m high. It spreads 3 m wide. The branches are stiff. The leaves are small and scalloped. The flowers are white. The fruit are glossy black berries. There are several cultivated varieties.

HABITAT

It is a temperate plant. It does best in light to medium, well-drained soil. It needs an open sunny position. In temperate areas in China it grows between 700-2,100 m above sea level. It suits hardiness zones 6-10. Arboretum Tasmania. Hobart Botanical Gardens.

PRODUCTION

Cultivation

Plants can be grown from seed or cuttings.

NOTES

There are about 400 Ilex species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2a6e5e04-f329-4dbc-be26-fff6da725d02