PLANT FACT SHEET

Opuntia karwinskiana Salm-Dyck

GENUS *Opuntia* **FAMILY** Cactaceae

COMMON NAMES Cow-tongue prickly pear

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A cactus. It is tree like and spiny and succulent. It grows 2-7 m tall.

HABITAT

It is a tropical plant. It can grow in arid places.

REFERENCES

Nabhan, G. P., et al, 2022, Reviving the Arid American Diet in the Face of Climate Change: Assessing its Composition, Links to the Mesomerican Diet and Potential to Advance Indigenous Health and Diabetes Prevention. International Journal of Water Resources and Arid Environments 11(2): 81-112 (As Nopalea karwinksiana)

Segura, S. et al, 2018, The edible fruit species in Mexico. Genet Resour Crop Evol (2018) 65:1767–1793

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2a9d9352-1256-4728-b1d8-6960af3319b8