PLANT FACT SHEET

Sedum integrifolium (Raf.) A. Nelson

GENUS *Sedum* **FAMILY** Crassulaceae

COMMON NAMES Ledge stonecrop

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems, Flowers

The leaves are eaten raw or boiled.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Jernigan, K. (Ed.), 2012, A Guide to the Ethnobotany of the Yukon-Kuskokwim Region. Draft. (As Sedum rosea subsp. integrifolium)

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 793

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 255 (As Rhodiola integrifolia)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2aea30fc-9bec-4924-8e1f-618c41280d6a