PLANT FACT SHEET

# *Dichorisandra thyrsiflora* J. C. Mikan

**GENUS** *Dichorisandra* **FAMILY** Commelinaceae

**COMMON NAMES** Blue ginger

## EDIBLE PARTS AND USES

**Edible parts:** Roots, Flowers

They are eaten raw or cooked.

## DESCRIPTION

A herb. It grows 1-1.5 m tall and forms clumps. The stems have spots. The leaves are large and shiny and are held horizontally. They are arranged in spirals around the stem. They are 20-30 cm long by 5 cm wide. The flowers are blue. The fruit is a capsule.

## HABITAT

It is a tropical plant.

## PRODUCTION

### Cultivation

It can be grown by seed or from the rhizome.

## REFERENCES

da Cruz Alves, Thiago, 2020, Plantas Alimentícias Não Convencionais (PANC) da Travessia Teresópolis - Petrópolis, Serra dos Órgãos, RJ / Thiago da Cruz Alves. - Rio de Janeiro, 2020. p 31, 65

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/2af8e6eb-e4c4-424a-a3f1-a5b8234eb174