PLANT FACT SHEET

Hololeion maximowiczii Kitamura

GENUS *Hololeion* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Root

DESCRIPTION

A herb. It keeps growing from year to year and has rhizomes. It grows 60-100 cm tall. It has branches in the upper half. The leaves are 15-40 cm long by 1-2 cm wide. The leaves get smaller up the stem.

HABITAT

It is a temperate plant. It grows in damp places near small streams between 700-2,200 m above sea level in north China.

REFERENCES

Hwang, H., et al, 2013, A Study on the Flora of 15 Islands in the Western Sea of Jeollanamdo Province, Korea. Journal of Asia-Pacific Biodiversity Vol. 6, No. 2 281-310

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Urgamal, M., Oyuntsetseg, B., Nyambayar, D. & Dulamsuren, Ch. 2014. Conspectus of the vascular plants of Mongolia. (Editors: Sanchir, Ch. & Jamsran, Ts.). Ulaanbaatar, Mongolia. "Admon" Press. 334pp. (p. 199-230).

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2b1489a5-be8e-4fcf-881e-a7a5cb2ca63d