PLANT FACT SHEET

Burchardia congesta Lindl.

GENUS *Burchardia* **FAMILY** Colchicaceae

COMMON NAMES Milkmaids

EDIBLE PARTS AND USES

Edible parts: Roots

The tuberous roots can be eaten raw or roasted.

DESCRIPTION

A lily herb. The roots are about 5 mm thick. It has a single stem. It grows 40-80 cm tall. The leaves are slender and like grass. The flowers have white petals and a yellow centre. There are several small flowers from a single stalk.

HABITAT

It is a warm temperate plant.

NOTES

The root tubers are high in protein.

REFERENCES

Plants and People in Mooro Country. Nyungar Plant use in Yellagonga Regional Park

Traditional Bush Tucker Plant Fact Sheets. SERCUL www.sercul.org.au

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2b3551e9-9961-4c24-91b0-d96bc87bda1a