PLANT FACT SHEET

Ulmus davidiana var. japonica (Rehder) Nakai

GENUS *Ulmus* **FAMILY** Ulmaceae

COMMON NAMES Spring elm, Japanese elm, White elm

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit, Root, Bark - drink

The leaves are eaten.
The young fruits that attain full size are steamed with flour then seasoned with salt and sesame oil and garlic added.
The root is used in soups, porridge and in rice cakes.
CAUTION: It is reported to be toxic.

DESCRIPTION

A tree. It loses its leaves during the year. It grows 10-20 m tall. The young branches are densely hairy. The leaves are oval and 3-9 cm long. They have double teeth. The leaves are dark green and rough with hairs above. It is paler with softer hairs underneath. The flowers are very small and red. They are in small clusters on the shoots. The flowers are in bunches on last year's growth. The flowers occur before the leaves. The flowers are in groups. The fruit is a seed with wings 7-15 mm long.

HABITAT

It is a temperate plant. It grows in the eastern forests in Manchuria. It grows in valleys and near streams. In northern China it grows below 2,300 m above sea level. It is native to N.E. Asia and Japan. It grows in woods and rocky places and near moors. It suits hardiness zones 5-9.

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