PLANT FACT SHEET

Polygonum thunbergii Siebold. & Zucc.

GENUS *Polygonum* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, Shoots

DESCRIPTION

A herb. It grows 50-70 cm tall. The leaves are 5-7 cm long. They are triangle shaped. They are prickly underneath. The flowers have hairs.

HABITAT

It is a temperate to subtropical plant. It grows in wetlands. In Vietnam it grows at 1,500 m above sea level.

NOTES

There are about 50 Polygonum species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2bc4ad82-6422-4ebf-98f4-31c8247c66a7