PLANT FACT SHEET

Quercus polymorpha Schltdl. & Cham.

GENUS *Quercus* **FAMILY** Fagaceae

COMMON NAMES Mexican white oak

EDIBLE PARTS AND USES

Edible parts: Seeds, Nut, Acorn

The acorns are ground and mixed wit cornmeal to make tortillas.

DESCRIPTION

A tree. It grows 20 m tall. The trunk can be 60 cm across. The crown is broad and round. The leaves are narrowly oval and 15 cm long. They can have shallow round lobes. The acorn is 3 cm long and is half enclosed by the cup.

HABITAT

It is a subtropical plant. It grows between 400-2,100 m above sea level.

REFERENCES

Estrada-Castillon, E., et al, 2014, Ethnobotany in Rayones, Nuevo Leon, Mexico. Journal of Ethnobiology and Ethnomedicine, 10:62

Piedra-Malagón, E. M., et al, 2022, Edible native plants of the Gulf of Mexico Province. Biodiversity Data Journal 10: e80565 p 19

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2bdd4aa1-99ab-4688-a745-d822108dec89