PLANT FACT SHEET

Tetrastigma bracteolatum (Wall. ex M. Laws) Planch.

GENUS *Tetrastigma* **FAMILY** Vitaceae

COMMON NAMES Monjam hei

EDIBLE PARTS AND USES

Edible parts: Fruit

The ripe fruit are eaten raw. They are somewhat sour.

DESCRIPTION

A large woody climber. It has tendrils. The branches are very slender. The leaves are compound with leaflets like fingers on a hand. There are 3 leaflets.

HABITAT

It is a subtropical plant. In Sikkim it grows between 1,000-1,600 m above sea level.

PRODUCTION

Harvesting and Seed Production

In Sikkim fruit are available in December to January.

NOTES

There are about 90 Tetrastigma species. They are mostly in India and Asia.

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