PLANT FACT SHEET

Bunium alpinum Waldst. & Kit.

GENUS *Bunium* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

Tubers roasted or boiled and eaten. They must be well cooked preferably on coals or in ashes.
CAUTION: It can cause stomach upsets if not well cooked.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

NOTES

There are 45-50 Bunium species.
The aerial parts have medicinal properties.

REFERENCES

BOUQUET
Descr. icon. pl. Hung. 2:199. 1804
Lim, T. K., 2015, Edible Medicinal and Non Medicinal Plants. Volume 9, Modified Stems, Roots, Bulbs. Springer p 18

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2c2aa46a-ee0a-4d5f-9d6f-93041467afe4