PLANT FACT SHEET

Azorella polaris (Hombr. & Jacquinot) G.M.Plunkett & A.A.Nicolas

GENUS *Azorella* **FAMILY** Apiaceae

COMMON NAMES Macquarie Island Cabbage, Punui

EDIBLE PARTS AND USES

Edible parts: Leaves, Roots

The roots are sweet.

DESCRIPTION

A herbaceous plant. It grows 30-40 cm high and spreads 50-120 cm wide. It has long roots. It spreads by rhizomes and forms clumps. The leaves are thick and leathery. They have lobes. The leaves have deep veins. The flowers are yellow and in dense clusters.

HABITAT

It is a cool temperate plant. It prefers cool, moist conditions. It needs a deep, moist, humus rich soil. It suits hardiness zones 7-9. Macquarie Island, Hobart Botanical gardens.

PRODUCTION

Cultivation

Plants can be grown by seed or division.

Harvesting and Seed Production

It grows vigorously.

NOTES

There are 3 Stilbocarpa species.

PICTURES



Credit: Food Plants International (Bruce French)



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REFERENCES

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Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 636 (As Stilbocarpa polaris)

Tasmanian Herbarium Vascular Plants list p 99 (As Stilbocarpa polaris)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2c39f6fd-e66e-4532-a100-ae58fc21341e