PLANT FACT SHEET

Aneilema dregeanum Kunth

GENUS *Aneilema* **FAMILY** Commelinaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It has stems 30-45 cm long. The leaves are narrowly sword shaped and can have a few hairs. The flower panicles are small and dense. The flower petals are pink or blue. There is a subspecies in Mozambique.

HABITAT

It is a tropical plant. It grows in woodland and open forest.

NOTES

There are about 100 Aneilema species.

REFERENCES

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 183

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2c5c1a5f-8a3f-43b5-bd16-bb6a3b9279ca