PLANT FACT SHEET

Lepidium perfoliatum L.

GENUS *Lepidium* **FAMILY** Brassicaceae

COMMON NAMES Perfoliate pepperwort

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable, Spice, Seeds

Eaten as a vegetable. The young leaves are used in salads.

DESCRIPTION

A cabbage family herb. It is a short annual plant. It grows 20-40 cm high. It has a single stem. The leaves are of two kinds. The lower leaves have lobes while the upper leaves are simple. They clasp the stem. The flowers are small and yellow.

HABITAT

It is a temperate plant. It grows in waste places, dry sandy slopes; near sea level to 1000 m altitude in China. In Argentina it grows below 500 m above sea level.

NOTES

There are about 150 Lepidium species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2c6dd967-6159-49e2-9168-1e3c6db36324