PLANT FACT SHEET

Vicia lens (L.) Coss. & Germ.

GENUS *Vicia* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

This is probably now the correct name.

See Lens culinaris

HABITAT

It is a temperate plant.

REFERENCES

Aldhmoun, M., et al, 2025, Old Plants for New Food Products? The Diachronic Human Ecology of Wild Herbs in the Western Alps. Plants 2025, 14, 122.

Kew, Plants of the World on Line

Koukou, E., et al, 2022, Local knowledge of agricultural biodiversity and food uses in two agroecological zones of southern Benin. Ethnobotany Research and Applications 23:29 (2022) p 9

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2c76fa94-671a-468d-bbd3-99abaccf755f