PLANT FACT SHEET

Lespedeza cuneata (Dumon de Courset) G. Don

GENUS *Lespedeza* **FAMILY** Fabaceae

COMMON NAMES Perennial lespedeza

EDIBLE PARTS AND USES

Edible parts: Leaves

The shoots and leaves are eaten.
Caution: The bitterness must be removed by cooking and washing.

DESCRIPTION

A small shrub up to 1 m tall. The leaves have 3 leaflets. These are narrow. They are 10-25 mm long by 2-4 mm wide. There are hairs on the lower side of the leaf. There are 2-4 flowers in the axils of the leaves. The flowers are whitish-yellow with violet stripes near the base. The fruit are oval pods 3 mm long.

HABITAT

It is a subtropical plant. It grows on mountain slopes below 2500 m altitude in China. In Taiwan it grows on waste land up to 3,100 m altitude. In XTBG Yunnan. In Sichuan.

NOTES

There are about 100 Lespedeza species.

PICTURES



Credit: Food Plants International (Bruce French)

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READ, (As Lespedeza sericea)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2c84b863-0b07-4d02-a4b5-5561c4ccca1f