PLANT FACT SHEET

Eschweilera subglandulosa (Steud. ex O. Berg) Miers

GENUS *Eschweilera* **FAMILY** Lecythidaceae

COMMON NAMES Watercare

EDIBLE PARTS AND USES

Edible parts: Seeds, Nuts

The nuts are eaten raw after removing the shell.

DESCRIPTION

A tree. It grows 40 m tall. The trunk has small buttresses. The trunk can be 75 cm across.

HABITAT

A tropical plant.

NOTES

There are 85 Eschweilera species.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2c8c6443-86cb-4505-ba45-9fddb49a58d6