PLANT FACT SHEET

Dinophora spenneroides Benth.

GENUS *Dinophora* **FAMILY** Melastomataceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit, Vegetable

The leaves are slightly acid and are cooked and eaten.

DESCRIPTION

A herb or shrub. It grows 4 m high. It is woody at the base and has many branches. The branches are soft and four sided when young. The leaves are opposite and simple. The leaves are unequal and sword shaped. They are 5-22 cm long by 2-8 cm wide. They are usually rounded or heart shaped at the base and taper to the tip. The flowers are in a slender branching group. The fruit are about 1.5 cm across and white. They have several small seeds. The seeds are 1 mm long.

HABITAT

A tropical plant. It grows in secondary scrub. It grows from sea level to 2,000 m above sea level.

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