PLANT FACT SHEET

Euclea crispa subsp. ovata (Burch.) F. White

GENUS *Euclea* **FAMILY** Ebenaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are edible but astringent.

DESCRIPTION

A shrub. It has many branches and grows 1-2 m tall. It is hairy and it can be rusty coloured. The leaves are opposite or alternate. They are narrowly oval. They are 2-5 cm long by 0.5-1 cm wide. Flowers are in groups of 3-7. The fruit is round and brown. It is about 0.5 cm across.

HABITAT

It is a Mediterranean climate to tropical plant.

REFERENCES

Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 187

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 135 (As Euclea ovata)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2cc1f02f-9f4e-4292-bef6-6b3ebbdd3f82