PLANT FACT SHEET

Artemisia campestris L.

GENUS *Artemisia* **FAMILY** Asteraceae

COMMON NAMES Northern wormwood, Field sagewort, Plains wormwood

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring

The aerial parts are used for preserving raisins.
The leaves are also used in cheese. They act as a coagulant.

DESCRIPTION

A herb. It grows 1 m tall. It has a woody rootstock. It can be hairy. It has a faint smell. The lower leaves have leaf stalks 3-5 cm long and are broadly oval and 4-5 cm long by 3-5 cm wide. They are divided with 4 or 5 pairs of segments. The middle leaves on the stem do not have stalks.

HABITAT

It is a temperate plant. It grows on dry slopes in prairies in Canada. In China it grows on the edge of dunes and on rocky slopes between 300-3,100 m above sea level.

NOTES

Other similar names with Artemisia campestris with different authorities exist.

REFERENCES

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MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 370

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