PLANT FACT SHEET

Hypericum japonicum Thunb. ex Murray

GENUS *Hypericum* **FAMILY** Hypericaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Plant - tea

The leaves are used in mixed vegetables.
The harvested leaves can be stored for 7 days.

DESCRIPTION

An annual herb. It grows about 25 cm high and is small and branched. The leaves are shaped like a cross and are smooth and oval without leaf stalks. The flowers are golden yellow.

HABITAT

It is a temperate plant. It grows in open paddy fields and on the edges of forests. It grows from sea level to 3,000 m above sea level. In Sichuan and Yunnan.

NOTES

Also put in the family Clusiaceae.

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