PLANT FACT SHEET

Commelina imberbis Ehrenb. ex Hassk.

GENUS *Commelina* **FAMILY** Commelinaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are cooked and eaten.

DESCRIPTION

It is a creeping herb. It grows 50-80 cm tall. The stems are succulent. The plant roots at the nodes. The leaves are narrowly oval. They clasp the stems at its base. The flowers are mauve-blue.

HABITAT

It is a tropical plant. In Kenya it grows in coastal regions. In Ethiopia it grows between 500-1,950 m above sea level.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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