PLANT FACT SHEET

Heteropanax fragrans (Roxb.) Seem.

GENUS *Heteropanax* **FAMILY** Araliaceae

COMMON NAMES Fragrant aralia

EDIBLE PARTS AND USES

Edible parts: Leaves

The young tender leaves are cooked with meat and fish.

DESCRIPTION

A tree. It grows 30 m tall. The leaves have 3 to 5 leaflets along the stalk. The leaves are 50-100 cm long and the leaflets are opposite. The leaflets are narrowly oval and 6-13 cm long by 4-6 cm wide.

HABITAT

It is a tropical plant. It grows near sea level and up to 1,000 m above sea level. In XTBG Yunnan.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Kar, A., et al, 2013, Wild Edible Plant Resources used by the Mizos of Mizoram, India. Kathmandu University Journal of Science, Engineering and Technology. Vol. 9, No. 1, July, 2013, 106-126

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2d1c78f4-aa83-4022-be19-76204c9339ae