PLANT FACT SHEET

Pulicaria incisa (Lam.) DC.

GENUS *Pulicaria* **FAMILY** Asteraceae

COMMON NAMES Undulate fleabane, Wild tea

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The fresh young shoot and leaves are used to make a hot drink.

DESCRIPTION

A herb. The leaves have significant lobes along the sides. The flowers are yellow.

HABITAT

It is a Mediterranean climate plant. It grows in the desert.

NOTES

Medicine.

REFERENCES

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Elmann, A., 2024, Pulicaria incisa: A review of its food applications, traditional uses, chemical constituents and biological activities. Food Bioscience Vol. 59, June 2024, 104172

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2d1fdc27-cb26-4f07-9696-bc5936003680