PLANT FACT SHEET

Psydrax livida (Hiern.) Bridson

GENUS *Psydrax* **FAMILY** Rubiaceae

COMMON NAMES Bushveld psydrax, Green-twigs quar

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable, Fruit

The young leaves are cooked.
The fruit are eaten as a snack.

DESCRIPTION

A shrub. It can grow to 8 m tall. The twigs can be hairy. The branches are opposite and horizontal. The leaves are on young stems. They are held in one plane. It loses its leaves during the year. The leaf blade is 2-13 cm long by 1-7 cm wide. They are narrowly oval. The flowers are in groups of 6-70 in compact groups. The fruit are 5-6 mm long by 8 mm wide. They are black when ripe.

HABITAT

It is a tropical plant. It grows in woodlands often below escarpments. It is also on rocky outcrops. It grows on sandy soils and near rivers. It grows between 300-1,600 m altitude.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2d4b05dd-03b9-4004-8f16-41308c584d6d