PLANT FACT SHEET

Ferula elaeochytris Korovin

GENUS *Ferula* **FAMILY** Apiaceae

COMMON NAMES Giant fennel

EDIBLE PARTS AND USES

Edible parts: Leaves, Root - tea

The root is boiled and a herbal tea is prepared.

DESCRIPTION

A herb. It has an underground stem or rhizome.

HABITAT

It is a temperate plant.

NOTES

The root is used as a herbal or medicinal tea.

REFERENCES

Borelli, T., et al, 2022, Assessment of the Nutritional Value of Selected Wild Food Plants in Türkiye and Their Promotion for Improved Nutrition. Sustainability 2022,14,11015.

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2d7b07e5-66ca-4989-817a-cc256f4be5f2