PLANT FACT SHEET

Carlina sicula Ten.

GENUS *Carlina* **FAMILY** Asteraceae

COMMON NAMES Carlina siciliana

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves and stems are eaten boiled and seasoned with oil and vinegar.

DESCRIPTION

A herb. It is a thistle.

HABITAT

It is a Mediterranean climate plant.

NOTES

There are about 20-28 Carlina species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2d8cd2fe-79a9-4a36-8ffb-32ef3045aec0