PLANT FACT SHEET

Crawfurdia angustata C. B. Clarke

GENUS *Crawfurdia* **FAMILY** Gentianaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers, Fruit

The leaves and flowers are used as a vegetable.
The fruit are eaten raw.

DESCRIPTION

A herb. The stems are twining and the internodes are 6-17 cm apart. The leaves are narrowly oval and 4-7 cm long by 2-4 cm wide. The base is rounded. The flowers are purple. The fruit capsule is narrowly oval and 3 cm long. The seeds are light brown and 3 sided.

HABITAT

It is a subtropical plant.

REFERENCES

Ding, X., 2021, Collection calendar: the diversity and local knowledge of wild edible plants used by Chenthang Sherpa people to treat seasonal food shortages in Tibet, China. Journal of Ethnobiology and Ethnomedicine 17:40

Li, S., et al, 2020, Monpa, memory, and change: an ethnobotanical study of plant use in Mêdog County, South-east Tibet, China. Journal of Ethnobiology and Ethnomedicine. (2020) 16:5 p 19

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2ddd759d-dbca-4625-8272-cbf37727e863