PLANT FACT SHEET

Achillea wilhelmsii (K. Koch) Greuter

GENUS *Achillea* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Flowers - tea, Leaves - tea

The flower heads are used for tea. The flowers are dried then used as food.

DESCRIPTION

A herb.

HABITAT

It is a temperate or Mediterranean climate plant.

NOTES

Medicine,

REFERENCES

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Jalali, M., et al, 2024, Identification and investigation of ethnobotanical plants of rangeland wild edible plants in Shahrud. Iranian Journal of Range and Desert Research. Vol. 31, No. 2 P 107-128

Jalali, M., et al, 2024, Ethnobotanical study of wild edible plants in the mountainous regions of Semnan Province, Iran. Journal of Ethnobiology and Ethnomedicine 20:93

Senkardes, I., et al, 2019, An Ethnobotanical Analysis on Wild Edible Plants of the Turkish Asteraceae Taxa. Agric. conspec. sci. Vol. 84 No. 1 (17-28) (As Achillea santolinoides subsp. wilhelmsii)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2e08070e-2fbc-4266-b8ee-26bb06c9dfb6