PLANT FACT SHEET

Hypochaeris radicata subsp. neapolitana L., (DC.) Guad.

GENUS *Hypochaeris* **FAMILY** Asteraceae

COMMON NAMES Costolina giuncolina, Neapolitan cat's-ear

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten boiled and seasoned with oil and lemon.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Lentini, F. and Venza, F., 2007, Wild food plants of popular use in Sicily. J Ethnobiol Ethnomedicine. 3: 15

Rivera, D. et al, 2006, Gathered Mediterranean Food Plants - Ethnobotanical Investigations and Historical Development, in Heinrich M, Müller WE, Galli C (eds): Local Mediterranean Food Plants and Nutraceuticals. Forum Nutr. Basel, Karger, 2006, vol 59, pp 18–74 (As Hypochaeris neapolitana)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2e1d0029-634e-4a55-bf62-e0d4dbda0780