PLANT FACT SHEET

Laminaria setchellii P. C. Silva

GENUS *Laminaria* **FAMILY** Laminariaceae

COMMON NAMES Pacific kombu

EDIBLE PARTS AND USES

Edible parts: Algae, Seaweed

The large blades are boiled and cut into strips and cooked with rice, beans or vegetables.
It can be used for a soup stock.

DESCRIPTION

A seaweed.

HABITAT

A tropical plant.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 260

http://www.seavegetables.com

Zemke-White, W. L. & Ohno, M., 1999, World seaweed utilisation: An end-of-century summary. Journal of Applied Phycology 11: 369-376

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2e36dd8e-69a8-4fb3-8c4f-5c56d4cf9091