PLANT FACT SHEET

Centaurea sclerolepis Boiss.

GENUS *Centaurea* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Root

The root is eaten raw.

DESCRIPTION

A thistle. It takes 2 year to complete its life cycle. It grows 45-140 cm tall. The leaves at the base are 4.5 cm long by 10 cm wide. The flowers are pink.

HABITAT

It is a temperate plant.

REFERENCES

Demir, I. & Ayaz, N., 2022, Wild edible plants contributing to the traditional foods of Mardin (Turkey) Province. Indian Journal of Traditional Knowledge Vol 21(3), July 2022, pp 569-582

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2e494567-b442-4ae5-be69-dcff4a39551e