PLANT FACT SHEET

**Use with caution**

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

# *Cladonia portentosa* (Dufour) Coem.

**GENUS** *Cladonia* **FAMILY** Cladoniaceae

**COMMON NAMES** Reindeer moss, Cream cup lichen

## EDIBLE PARTS AND USES

**Edible parts:** Lichen

## DESCRIPTION

A lichen. It forms mats 6 cm tall. It is greyish green.

## HABITAT

It is a temperate plant.

## REFERENCES

Tozer, F., 2007, The Uses of Wild Plants. Green Man Publishing. p 69 (As Cladonia impexa)

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

**LICENCE** CC BY-NC-SA 3.0

**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/2e5d6ed0-e7aa-4fd5-a5c4-ec865c488752