PLANT FACT SHEET

# *Matthiola arabica* Boiss.

**GENUS** *Matthiola* **FAMILY** Brassicaceae

## EDIBLE PARTS AND USES

**Edible parts:** Flowers, Stems

The stems and flowers are used as a vegetable.

## DESCRIPTION

A herb. The flowers have 4 pale petals that have wavy lobes along the side.

## HABITAT

It is a Mediterranean plant. It will grow on salty soils. It can grow in arid places.

## NOTES

There are about 60 Matthiola species.

## REFERENCES


Bailey, C. and Danin, A., 1981, Bedouin Plant Utilization in Sinai and the Negev. Economic Botany 35(2): 145-162

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 15th April 2011]

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew



**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International



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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/2e708edf-ef0f-4d0f-a15a-d6f7fd7ac70a