PLANT FACT SHEET

Astragalus canadensis L.

GENUS *Astragalus* **FAMILY** Fabaceae

COMMON NAMES Canadian milk vetch

EDIBLE PARTS AND USES

Edible parts: Root, Vegetable

The root is eaten raw or boiled as a vegetable.

DESCRIPTION

A tall herb. It keeps growing from year to year. The stems are branching. The leaves are compound. There are 12-15 bluish green leaflets. The flowers are creamy yellow. They are in dense spikes.

HABITAT

It is a temperate plant. It suits hardiness zones 3-8.

NOTES

There are 2,000 Astragalus species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2e7a7bc0-0d10-41d7-a7ca-a9cae78889dc