PLANT FACT SHEET

Flemingia grahamiana Wight. & Arn.

GENUS *Flemingia* **FAMILY** Fabaceae

COMMON NAMES Stain-pod

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

DESCRIPTION

A herb or small shrub. It is erect and grows 1.8 m tall. It has deep roots that can form tubers. The leaves are alternate with 3 leaflets. The leaf stalk is 7 cm long. The leaflets are 2-15 cm long by 1-8 cm wide. The leaflet at the end is the largest. The flowers contain both sexes. The fruit is an inflated pod. It is 9-12 mm long by 6 mm wide. It contains 2 seeds. The seeds are round and 1.5 mm across. The fruit leaves stains when touched.

HABITAT

A tropical plant. It grows in open savanna. It can be near water and rivers. It East Africa it grows to 2,100 m altitude. In Zimbabwe it grows between 480-1,800 m above sea level. In southern China it grows in forest between 900-1,600 m above sea level. In Yunnan.

PRODUCTION

Cultivation

Plants can be grown from seed. The plant can be cut back and will re-grow.

NOTES

There are about 35 Flemingia species. It is a dye plant. It is also used in medicine.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2e80ccba-717b-44c6-922e-9b03d9050c68