PLANT FACT SHEET

Areca montana Ridl.

GENUS *Areca* **FAMILY** Arecaceae

COMMON NAMES Jambe rende palm

EDIBLE PARTS AND USES

Edible parts: Seeds - masticatory

The seeds are used as a substitute for betel nut.

DESCRIPTION

A solitary palm. It grows 3 m tall. The trunk can be 2-5 cm across. It has stilt roots. The leaves have leaflets along the stalk. The leaf sheaths are 45 cm long. The leaf stalk is 1.25 m long. There are 7 leaflets on each side. The flowering shoots comes from among the leaves. It is 25-30 cm long. The fruit are narrowly oval and red.

HABITAT

It is a tropical plant. It grows in lowland wet forests. It grows up to 800 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seeds.

REFERENCES

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2ec6372e-9dd1-49b7-b05d-ca0bbad33c5e