PLANT FACT SHEET

Aframomum polyanthum (K.Schum.) K.Schum

GENUS *Aframomum* **FAMILY** Zingiberaceae

COMMON NAMES Mbongo balim

EDIBLE PARTS AND USES

Edible parts: Seeds, Spice

DESCRIPTION

A ginger family herb. It grows 3 m tall. The leaves have soft hairs underneath. The flowers are small and there are several flowers on a stalk. The labellum or lip is yellowish-purple.

HABITAT

It is a tropical plant.

PRODUCTION

Harvesting and Seed Production

In Central African Republic flowers and fruit have been observed from September to December.

NOTES

There are about 50 Aframomum species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2ee5dc68-9ed1-44db-8b52-9dd18a0c4214