PLANT FACT SHEET

Amomum dealbatum Roxb.

GENUS *Amomum* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Seeds - spice, Flowers, Fruit, Root, Rhizome, Shoots

The flowers are eaten cooked or steamed.
The rhizome is peeled, burnt or boiled and eaten as a chutney.

DESCRIPTION

A ginger family herb. It grows 1-3.5 m tall. The leaves are whitish underneath. They are oblong and 50-70 cm long by 6-14 cm wide. The flower spikes are almost round and 3-5 cm across. The flower tube is white. The fruit is a purple-green capsule that is 3 cm long by 1 cm wide. It has 9 winged ribs.

HABITAT

It is a subtropical plant. It grows in shaded forests and hill slopes between 600-800 m above sea level in southern China. In Yunnan. In Queen Sirikit BG.

PICTURES



Credit: Food Plants International (Bruce French)

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