PLANT FACT SHEET

Viola adunca Sm.

GENUS *Viola* **FAMILY** Violaceae

COMMON NAMES Western dog violet, Early blue violet, Hooked-spur violet, Purple violet

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves

The leaves can be eaten raw or cooked as a potherb.
The flowers can be eaten fresh or candied.
The leaves and flowers can be used for tea, or wine.

DESCRIPTION

A spreading herb. It grows 5-10 cm high and spreads 30-40 cm wide. It keeps growing from year to year. It forms tufts. The leaves are rounded to heart shaped. They are 40 mm long. The flowers are blue to violet. They are 12 mm wide. The fruit is a dry capsule with 3 valves. It has many seeds.

HABITAT

It is a temperate plant. It grows in subarctic zones. It grows in moist places on prairie and open woods. It suits hardiness zones 4-9.

NOTES

There are about 500 Viola species. It can contain salicylates.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2ef0977b-c055-419f-8ed3-3c5beb0fcb0d