PLANT FACT SHEET

Kedrostis gijef (Forssk. ex J. F. Gmel.) C. Jeffrey

GENUS *Kedrostis* **FAMILY** Cucurbitaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable, Fruit

The fruit are used as a dessert fruit.
The leaves are eaten as a vegetable.

DESCRIPTION

A herb. It is a pumpkin family plant. It grows 5 m long. It has simple tendrils. The stems can be 10 cm across. The leaves are simple and kidney shaped or heart shaped. They are 3-5 lobes. They are 1-6 cm long by 2-9 cm wide. The flowers are yellowish green. The male flowers can be in clusters of up to 50 and the female flowers are solitary. The fruit are oval and green with paler stripes. They turn red when ripe.

HABITAT

It is a tropical plant. In Kenya it grows in dry lowland areas. It can grow in arid places. It grows between 100-1,100 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seeds or cuttings.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2f498c73-6ccc-4db0-8166-c53a68cf5914