PLANT FACT SHEET

Rumex hymenosepalus Torr.

GENUS *Rumex* **FAMILY** Polygonaceae

COMMON NAMES Tanner's dock, Canaigre dock

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, Seeds

The leaves are cooked and eaten. They are cooked in several changes of water.
They can also be dried and stored.
The leaf stalks are eaten in pies like rhubarb.
The seeds are sometimes cooked and eaten.

DESCRIPTION

A small herb. It grows 90-100 cm high and spreads 50-70 cm wide. The tuberous roots are rich in tannin. It keeps growing from year to year. The leaves are spear head shaped and 30 cm long. They have slightly wavy edges. The flowers are on upright stalks. They changed from green to pink. The seeds are brown.

HABITAT

It grows near streambeds but also on well drained higher ground. It grows in dry soil. It grows between 60-1,800 m above sea level. It can grow in arid places. It suits hardiness zones 6-10.

NOTES

There are about 200 Rumex species.

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