PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Salvia splendens Sellow ex Schult.

GENUS *Salvia* **FAMILY** Lamiaceae

COMMON NAMES Sage

EDIBLE PARTS AND USES

Edible parts: Flowers

DESCRIPTION

A herb. It grows 90 cm tall. The leaves are oval or triangle shaped and 3-7 cm long by 2-5 cm wide. There are 2-6 flowers in a group.

HABITAT

It is a tropical plant.

REFERENCES

Benvenuti, S. & Mazzoncini, M., 2021, The Biodiversity of Edible Flowers: Discovering New Tastes and New Health Benefits. Frontiers in Plant Science Article 569499.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/2f7169b0-9865-4b4e-a1df-c8db9607fcfb