PLANT FACT SHEET

Myrothamnus flabellifolius Welw.

GENUS *Myrothamnus* **FAMILY** Myrothamnaceae

COMMON NAMES Resurrection bush

EDIBLE PARTS AND USES

Edible parts: Leaves, Leaves - tea, Spice

The leaves are used for medicinal tea. They are also used as a spice.
The twigs are used to flavour tea.

DESCRIPTION

A shrub. It can lie along the ground or be erect. It has many branches. It grows 30-90 cm tall. The young branches are 4 sides. There are narrow wings. The leaves cross over along fast growing long branches. The leaves are 10-14 cm long by 6-8 cm wide. The flowering stalks are 2-3 cm long. They are on the ends of short branches. The fruit is a capsule with 3 lobes. The seeds are 0.5 mm long. The leaves can shrink and appear dry in the dry season then turn green in a few minutes after rain so is called the resurrection bush.

HABITAT

It is a tropical plant. It grows in hot, arid, places. It can grow in semi-desert. It is drought tolerant. It can grow in arid places. In Zimbabwe it grows between 500-1,900 m above sea level.

NOTES

There is one genus and 2 species in the Myrothamnaceae family.

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